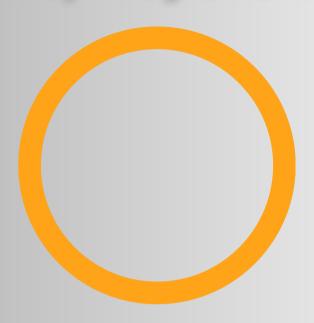
The Pathway Programs Newsletter

Spring 2023



The Spring News

The Pathway Programs Newsletter



Newsletter Highlights

GEAR Up Field Trips to Cal State LA- served 475 students this school year (other trips to follow)

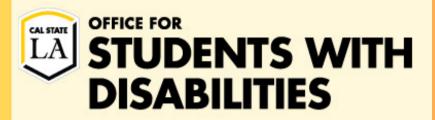
The Gear Up OSD Webinar Event- served 200 people

Verizon Innovative Learning Program- served 300 students this school year (final Summer event to follow)

HOPE Annual Conference- served 100 students



CREATING RESOURCES THROUGH OUR PARTNERSHIPS





The Gear Up Office for Students with Disabilities Webinar Event

One of our main events provided by the Pathway Programs (Pathways) and hosted by the Office for Students with Disabilities (OSD) is the Gear Up Office of Students with Disabilities Webinar. Pathways and the OSD collaborate to ensure that high school students with disabilities have the support they need to succeed academically. Ultimately the goal of the collaboration is to provide students with disabilities with a comprehensive range of support services, eligibility for these resources, and exact names of resources to help them achieve their academic goals.

Pathway
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Newsletter
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- Evelyn Amaral
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- Student Mentor
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Guest Speaker: Gonzalo Centeno, Director of OSD



Pathway Programs Newsletter

The Gear Up Field Trips to Cal State LA









Andrea Serrano, on the Gear Up OSD

Webinar Event "As a student mentor from the Pathway Programs, my peers and I assist in the webinar by providing links to multiple resources, such as the link to the CSULA OSD registration webpage, and answering questions from parents. I enjoyed being part of this webinar, as I was exposed to a community I had not engaged in before. I appreciated that the webinar had English and Spanish translators. Seeing that language will not be a barrier to obtaining this kind of information was refreshing and lovely to see. What I enjoyed most was how this event impacted people. Hearing a parent talk about how these events were something she was genuinely grateful for made me realize how we are helping our community and adding value to many people. I was not aware of how this greatly impacted people positively, and it made me happy that I was allowed to be part of it."



Pathway Programs Newsletter







The Gear Up (GU) field trips give high school students from the GU program a broad idea of what it's like to be a college student. From getting dorm room tours to student panels where they have the opportunity to ask college students questions ranging from campus life to how they transitioned into college.

Throughout these field trips, we primarily work with high school students on the verge of going through their college application journey, which can be stressful. We hope to provide relief and attempt to answer as many questions the students may have. Especially because many first-generation college students need help navigating the different college apps and need reminders on application deadlines. We go over every single step to apply to various colleges via presentation slides which go over topics such as The Cal State University application process, things you can do to prepare, and matriculation. We also offer advice as college students on what we wish we knew during our transition. On top of all the serious information, students participate in fun and interactive activities such as jeopardy.

Evelyn Amaral, on the Gear Up Field Trips to Cal State LA

"As a student mentor, it is my job to ensure that while these students are getting a tour, they leave with more answers than questions. More often than not, some students are scared of going through this transition and know they want to attend college but don't know what career path they want to take. Therefore I would offer solutions and take them around the career center, where I explain to them that there is no need to worry because I, as a college student, have had to meet here several times to change my major as well to get help choosing a career. The students must know that any feelings they have about college are valid and know they are not alone during these transitions."



Pathway Programs Newsletter

The HOPE Annual Student Conference at Cal State LA



EDUCATE. ADVOCATE. LEAD. #HOPELATINAS



The HOPE Youth Leadership Program (HYLP) is an influential initiative intended to prepare young high school Latina students for a self-sufficient future. The objectives of the HYLP include "college preparation, financial empowerment, enhanced civic participation, and the promotion of healthy living." Having the incentive of encouraging regional Latina Youth to pursue higher education, the last day of the 3-day HYLP 2023 Annual Conference concluded at Cal State LA. Professionals ranging in both ethnic and career backgrounds were invited to speak to the program's participants. Each panelist varied in conversation topics, each relating to their specialty. Pathway Programs Student Mentors were invited to share their journey into higher education. The conversation surrounded themes such as navigating the first-generation college experience alongside ethnic and personal duties. Themes such as mental health struggles, imposter syndrome, and lack of motivation were topics of discussion. The main motive of this dialogue between current college students and high school Latinas was to spark relatability within one another.



Nathaly Lopez, on the HOPE Annual Student Conference at Cal State LA

"Having been in their position a couple of years beforehand, I felt compelled to speak to these girls. I recall in high school feeling immensely alone despite having people surrounding me. The pressure amongst my parents, advisors, and myself to succeed in life consumed me. Overwhelmed by the idea of 'needing to succeed,' I was never really reminded to take care of myself and yet to value my needs before external ones. Reminding this young

audience that they are not alone in the experiences they are undergoing benefited not only them but also was a sort of closure for my younger self."



Pathway Programs Newsletter

The Verizon Innovative Learning Program at Cal State LA







Patrick Sangalang, on the Verizon Innovative Learning Program at Cal State LA

"I had the privilege to be an instructor for both recruitment days, where I taught 3D printing. As a computer science major, it was pleasant to see students take an interest in the STEM field at an early age. They became excited knowing that they were about to design their keychains through Tinkercad, an online tool used to create models for 3D printing. I enjoyed this part of the class because everyone was able to express their creativity and design keychains that truly represented themselves as the students wanted me to see their keychains. I enjoyed being a part of this event, especially leading it from an instructor's point of view, as I feel that I have a more direct impact on their interest in the topic."



Pathway Programs Newsletter



The Verizon Innovative Learning Program is a three-week program for students offered on Cal State LA's campus during the summertime. The program offers middle schoolers the opportunity to explore the possibilities in the STEM field. Areas in STEM such as coding, robotics, 3D printing, and Augmented Reality/Virtual Reality (AR/VR) are the specific subjects that the students will learn while partaking in this program. Each issue is hands-on, as students can express their creativity through the software provided for each class. Students are recruited both in the Fall and Spring Orientation. Per Orientation 150 students are allowed to get to know the program's structure by being invited to participate in dedicated recruitment days, which occur once each semester. The entire day is for students and parents to learn what to expect from the program if they decide to partake in the full summer session. Although it is a more fast-paced day, given that it is only a preview, students are still engaged as they also work on software and robots they will see in the summer. Exposure to technology they have mostly never seen or handled before retains the excitement and boosts readiness to participate in all activities and mini-lessons presented to them.

Contact Us!

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Office: Biological Sciences Building Room 174 (by appointment) Zoom Office Hours: Tuesday and Thursday 2:00 pm - 3:00 pm,

Meeting ID: 895 1529 3921

